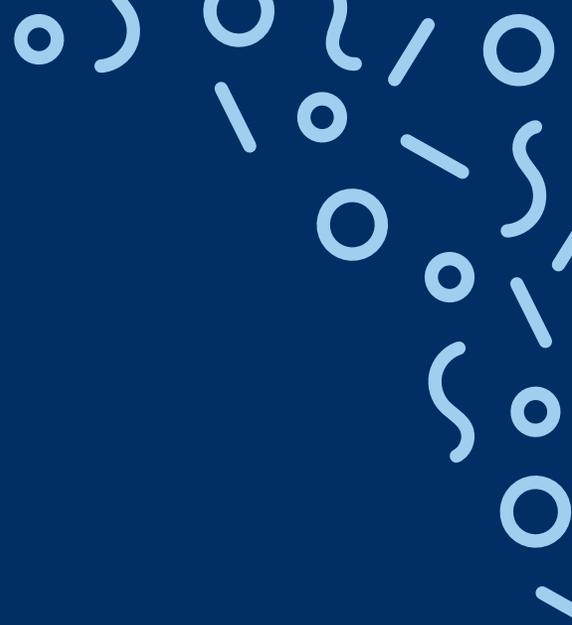


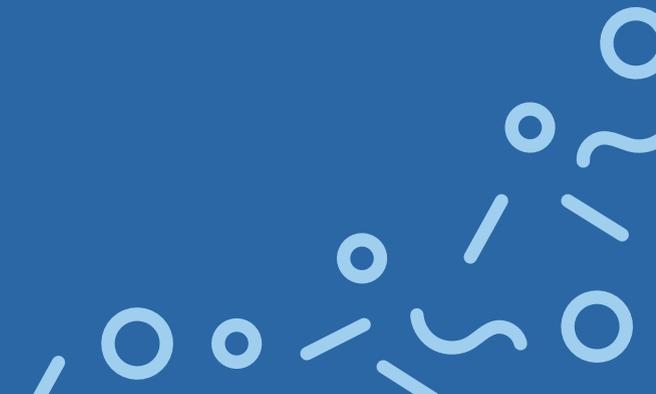


**A convenient  
path to healthier  
employees and  
lower expenses.**





We are a corporate wellness program that creates **real results** company wide.





**Everything our  
program has to offer.**



Healthy Is Wellness is  
**different from traditional  
wellness programs.**

## Traditional

✗ Focus is only on participants

✗ Treat everyone the same

✗ Once a year

✗ Upfront analysis

## Healthy Is Wellness

Organization-wide results ✓

One-on-one, in-person coaching ✓

Check-ins throughout the year ✓

Ongoing analysis and coaching ✓



Understand the current state of your health and **how to reach your goals.**



We identify the barriers that keep people from making the best choices for their health, and then help overcome them.

Through monthly routines that encourage behavioral changes we modify peoples daily habits that produce healthy outcomes.



We provide consistent, convenient feedback to keep participants headed in the right direction.

By assessing monthly biometric scans, individuals get to observe the scientific results on their bodies.



We partner with participants along the way so they never have to wonder what's next.

Our coaches meet with each participating employee, one on one, every single month.



**Boost productivity  
and lower costs.**



Simple changes, big impacts.

AS ESTIMATED BY THE CDC

Changing behaviors like poor diet, inactivity and smoking, **prevents serious health issues.**



REDUCED BY:  
**80%**



REDUCED BY:  
**80%**



REDUCED BY:  
**40%**

As a business owner your greatest asset is your employees, they are also **your greatest expense.**

Average  
spent per year:

**\$4,700**

ON STRESS-RELATED ABSENTEEISM

Working  
days lost:

**550 M**

ON STRESS-RELATED ABSENTEEISM



No other wellness program directly correlates behavior changes to **business outcomes**.

## The impact of the program.



**20%**

**INCREASED**  
EMPLOYEE PRODUCTIVITY



**30%**

**DECREASED**  
SICK LEAVE, SAVING OVER  
\$100,000 ANNUALLY

Employee participation:



OUR PROGRAM HAS  
OVER 80% EMPLOYEE  
PARTICIPATION



**A flexible program for  
your business.**



Our accommodating program is **tailored to your company.**



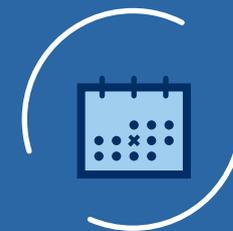
### **Flexible Pricing**

We offer flexible pricing to fit any company's needs.



### **Scalable**

We can support any number of employees or company size.



### **Flexible Program**

We accommodate whatever schedule works best for you.

For every 100 employees,  
if we help just 5 of them  
come to work more often,  
**the program will pay  
for itself.**

## A formula for success.

FOR YOUR <b>Employees</b>	FOR YOUR <b>Business</b>
In person coaching, screening and analysis	Seamless HR integration
Monthly behavioral change routines to follow	Quarterly progress reporting
Access to the Healthy Is Wellness app	Program implementation, set-up and scheduling



It's time for a **wellness program that works** for you, your employees and your company.



**Dr. Nich Pertuit, PhD**

PRESIDENT & FOUNDER

p. 406 665 5280

e. [nich@healthyiswellness.com](mailto:nich@healthyiswellness.com)



TO LEARN MORE VISIT:  
**[HealthyIsWellness.com](https://HealthyIsWellness.com)**

